

## MISC. SERVICES

### **CENTRO GUADALUPE**

730 S Street **443-5367**  
Multi services for Latino community  
Rental & Util. Assist., when avail., Bilingual, Jobs, Etc.,  
Immigration Program – Fee Involved

### **DEPT. OF HUMAN ASSISTANCE (WELFARE) SACRAMENTO COUNTY**

28<sup>TH</sup> & R (Call for assistance and locations)  
General Info & Medical **874-2072**  
Medical – M-F, 7:30AM-5PM **874-2256**  
Homeless Assistance (Food Stamps) **874-2072**  
Hand Imaging **874-3800**

### **VETERAN'S SERVICE OFFICE** **874-6811**

2007 - 19<sup>TH</sup> St.  
Walk-in M-F 8am-4pm / Phone clients – M-F 8am-5pm  
Assists veterans with counseling, claim development,  
Advocacy, benefit entitlement, etc.

### **EMPLOYMENT DEVELOPMENT DEPT.**

2901 50<sup>TH</sup> St (at Broadway) **1-800-300-5616**  
M-F 8am –5pm  
Job Services, Career Centers (Downtown)  
-Old Marshall School –2718 G Street  
-Broadway –801 Broadway  
(For one nearest you call 263-3800)

### **LEGAL SERVICES OF N. CALIF.** **551-2150**

515 – 12<sup>th</sup> Street (at E) M-F 8:30-12, 1-5  
Problems with public benefits /Landlord/Tenant; Call for appt.

### **SENIOR LEGAL HOTLINE** **551-2140**

444 North Third Street #312, Sacramento  
Free Legal services for seniors and low income  
Senior Hotline (800) 222-1753

### **SOCIAL SECURITY OFFICE**

**National Line** **1-800-772-1213**

### **IMMIGRATION** **1-800-767-1833**

### **WELFARE RIGHTS** **736-0616**

1901 Alhambra Blvd. (2<sup>nd</sup> Floor)  
M-F 9:00-5:00 CalWORKs, Food Stamps,  
Medi-Cal representation at hearings

### **WOMEN'S EMPOWERMENT PROGRAM**

1400 N. C Street Open M-F 8:30-4:30pm **669-2307**  
8 wk program for homeless women to develop job  
readiness skills & personal strength.

**DISABILITY ACTION ADVOCATES** **838-7001**  
Call for info or an appointment **1-(877) 322-1044**

**SENIOR ADVISORY GROUP**  
Senior Healthcare Specialist **247-7692**

# Street Sheet

## HOT LINES / EMERGENCY

**PARENT SUPPORT LINE** **1-888-281-3000**

**ALCOHOLICS ANONYMOUS** 24 hr. **454-1100**  
**AL-ANON** (support for family/friends) **888-425-2666**

**SUICIDE PREVENTION HOTLINE** 24 hr. **368-3111**  
Auburn 1-530-885-2300, Lincoln 645-8866, Roseville 773-3111

**IF INTOXICATED, NON EMERGENCY CALLS** **264-5471**  
Police wagon will pick up and deliver to VOA Detox

**INFOLINE SACRAMENTO** **498-1000 or 211**

**CALIFORNIA YOUTH CRISIS LINE** **1-800-843-5200**  
I & R (www.youthcrisisline.org) for all of California.  
Counseling & medical services, shelters, crisis centers, AIDS  
testing and transportation info.

**NAT. RUNAWAY SWITCHBOARD** **1-800-621-4000**  
Crisis intervention, Independent intervention  
Message center for kids & adults  
(Confidential - 24 hrs.)

**RAPE CRISIS LINE (WEAVE)** 24 hr. **920-2952**  
Domestic Violence & Sexual Assault

**RED CROSS** 24 hr. **993-7070**  
Emergency and Disaster Only **1-800-696-3873**

**24-HR. MULTILINGUAL HELP LINE** **428-3271**  
Safe Haven for Asian Pacific Islander women & children  
Impacted by domestic violence. Safe Shelter. Woman to  
Work Program. Business line 868-7820

## OUTREACH SERVICES

### **LOAVES & FISHES**

12<sup>TH</sup> & North C Streets  
Administration (General Info) **446-0874**  
Jail Visitation **447-9472**  
Page Friendship guest at (Service Center) **443-9499**  
Clean & Sober **498-0331**  
Mustard Seed School **447-3626**  
Genesis (Mental Health) **669-1536**  
Legal Clinic (SSI-SSA) Tues.,Wed.,Thurs. **498-0349**

To download the latest copy of the Street Sheet go to  
[www.francishousecenter.org](http://www.francishousecenter.org)

Email changes to: [leah@francishousecenter.org](mailto:leah@francishousecenter.org) or call  
Leah at Francis House ~ 443-2646 Updated – May 1, 2012

**(Outreach services cont.)**

**FRANNY'S HOUSE 24 hr. support line 308-9129**  
Supports children in emotional distress and their families.  
Stress Relief, Support Groups, Anti-Bullying, Child Care

**SHELTER PROGRAMS**

**MY SISTER'S HOUSE Office 930-0626**  
**24 Hr. Multilingual Help Line 428-3271**

Safe Haven shelter for women and children,  
Culturally and linguistically appropriate domestic  
violence intervention services, Women at Work  
Program, Women's learning and support group.

**DIOGENES HOUSE 363-0063**  
**24 hr. Line 1-800-339-7177**

Boys and Girls 12-17, Runaways, Trans Living 12-17  
Family / Individual, D & A Counseling  
& Pregnancy Counseling for 12-17  
Anger management – any age

**FAMILY PROMISE 443-3107**

**HOME START—Roseville, Families Only! 782-6667**  
Transitional Housing Only – Not a shelter

**SACRAMENTO AREA EMERGENCY HOUSING CENTER 455-2160**  
24 hr  
2925 34<sup>th</sup> Street (also a Food Closet at this address M-F)  
Family Shelter –Families, single fathers w/ children  
Women's Refuge –Single women, no children  
Call for screening / space availability **455-0415**

**SALVATION ARMY SHELTER 442-0331**  
12<sup>TH</sup> & North B St. Gen. Office **678-4010**  
1 PM (M-F) bed sign-up – Women only  
1 PM (M-F) bed sign-up – Men only  
Dinner, breakfast & clothing for residents  
**Utility Assistance and Food Boxes 678-4040**  
**Thrift Shop 448-0890**

**SHELTER PLUS CARE – Non-Emergency 874-4304**  
Subsidized housing program for those with  
Mental Illness, Substance Abuse, HIV +/- Aids  
Case Managers must contact

**ST. JOHN'S SHELTER 453-1482**  
4410 Power Inn Road  
Women and Children, 90-day max stay  
Call for Intakes – 7 days a week  
Meals and showers provided for our guests.  
No boys over 14 yrs. D&A & Mental Health Counseling,  
Parenting Classes

**LUTHERAN SOCIAL SERVICES 453-2900**  
3734 Broadway  
Programs for transitional housing for families & youth,  
housing for disabled individuals, families, and emancipating  
foster youth.

**MEDICAL CARE**

**BIRTHING PROJECT CLINIC 558-4800**  
1900 T St. M-Fr., 8-5 PM, Family Planning &  
Pre-Natal Care. Spanish Spoken

**IMANI HEALTH CLINIC (Free Clinic) 734-5070**  
3415 Martin Luther King Blvd. Open Sat. 8am-1pm

**DEL PASO HEALTH CENTER 648-0907**  
3950 Research Dr. Tues & Thurs Only 8am-5pm

**THE EFFORT MEDICAL CLINIC 325-5556**  
1820 J St. Adults, children, M-F 5-8:30 PM Drop-in. Gen.  
Health Care, HIV testing. Call after 3 PM for Tests. Physicals  
anytime- Scale Fees, Medi-cal Appts. Only

**THE EFFORT OAK PARK CLINIC 233-4910**  
3415 Martin Luther King Jr. Blvd.  
Tues/Weds/Fri. Only 9–4PM Primary Care for Women & children.  
Sliding scale, CHDP/Family PACT/Medi-Cal. appts only

**MERCY CLINIC (L&F) 446-3345**  
1321 No. C St. (at 12<sup>th</sup>) **General Med Care**  
No I.D. req, M-F 7:30-noon & 1-3:30 PM For people without  
SSI/Medical who are homeless. Sign-ups in Friendship Park,  
7:30AM til 11:30 - Walk-ins OK 1-3:30 PM

**PRIMARY CARE CENTER 874-9670**  
4600 Broadway, Ste 1100/1200  
General Health 8AM –5PM, M-Fri. For homeless 21–65 yrs old  
**Call for Appt. 874-8277**

**WOMEN'S HEALTH SPECIALISTS 451-0621**  
1750 Wright St., Suite 1  
Free and low cost reproductive health services, birth control,  
HIV/STD testing & referrals for women & men.  
Walk-in or appt. Tues. – Sat. 9AM-5:30 PM

**DENTAL CARE**

**SACRAMENTO DENTAL CLINIC 874-8300**  
4600 Broadway Ste. 1400 (Triage & Walk-ins)  
Ste. 2100 (Appts only) Mon.-Fri. 8am – 5pm

**AIDS**

**HARM REDUCTION SERVICES 456-4849**  
3647 40<sup>TH</sup> Street, Sacramento  
Tues. –Fri. Noon-5pm Walk-in  
Free Medical Clinic most Sats. 9am-2pm / sign up 9am

**BREAKING BARRIERS 447-2437**  
2020 V Street  
Works with HIV +/- AIDS, Homeless & Breast Cancer  
M-F, 9 AM – 5PM Sat. from 12:00-3:00 PM

**CARES (Treats HIV & AIDS) 443-3299**  
1500 - 21<sup>ST</sup> Street

(Shelter Programs Continued)

(Food/Clothes Closets Continued)

**SACRAMENTO FOOD BANK & FAMILY SERVICES 456-1980**

3333 Third Avenue (34 & Broadway)  
Clothing, infant support, education & food programs  
Call for descriptions, hours, coverage areas & requirements  
M, T, TH, FRI. 10AM – 1:30PM

**SIERRA ARDEN FOOD CLOSET 483-1942**

890 Morse Avenue (Zips 95825 & 95864)  
T-F 10-11:45 AM

**WIC – Women, Infants, and Children Nutrition Program 326-5830**

915 Broadway (call for other locations)  
Pregnant women and mothers with infants & children.  
M, Tu, Th, Fr 8:15-4:15 PM & Wed. 8:15-6 PM Call for  
Appt., MediCal Form, proof of income, address & picture  
ID required.

**RANCHO CORDOVA COMMUNITY FOOD LOCKER 364-8973**

10497 Coloma Rd. (St. John Vianny Church)  
M, W, F 9:30 AM–1:30 PM. Serves 95670, 742, 655,  
683, 826, 827, & 830. Once every 30 Days. SS ID required  
Also homeless – no cooking bags

**1<sup>ST</sup> CHURCH OF NAZERENE 452-6171**

1820 – 28<sup>th</sup> St.  
Donations Accepted - Tues. 10am – 1pm  
Clothes Closet - Thurs. 10am – 1pm  
Food Closet - Mon. 10am – 4pm

**CAP. CITY SEVENTH DAY ADVENTIST CHURCH**

6701 Lemon Hill Dr. 8:30am – 11:30am  
Food & Clothing- Every Mon. except 1<sup>st</sup> one of the month.

**DETOX CENTERS**

**THE EFFORT DETOX CENTER 691-3417**

7586 Stockton  
Alcohol Residential Detox Facility. Detox for Adults from  
Opiates or Stimulants. Call first – waiting list, 14 day  
Detox period - \$1,650 or County Beds

**VOLUNTEERS OF AMERICA THE DROP IN CENTER (DETOX) 448-1236**

700 North 5<sup>th</sup> Street  
Drinking Adults, Alcoholics only  
24 Hour Sleep Off Center, Screened  
72-hr. sobriety for Recovery Home  
Comprehensive Alcohol Treatment Center

**ALCOHOL & DRUG SERVICES 874-9754**

Sacramento County Dept of Health & Human Services  
3321 Power Inn Rd., Ste. 120 – M – F, 8-11am & 12:30–4pm  
Assessment for Alcohol & Drug Treatment  
Proof of Sac. County residence required.

**ST. FRANCIS OF ASSISI – STEPS PROGRAM**

1066 26th Street – Check-in at alley gate 6pm daily.  
16 spots for safe overnight sleeping and breakfast.  
Check-in to see if space avail. No children or animals.

**TRAVELERS AID SOCIETY 399-9646**

2251 Florin Road #130  
Assistance for Emergency Housing  
Homeless Families ONLY, call first for appt.  
M-F, 9-12 & 1-4, Attendants on duty after 5:30 PM

**UNION GOSPEL MISSION 447-3268**

400 Bannan St. Sac. 95811  
6:30-6:45 PM. Bed sign-up –Men ONLY  
Showers/Shaves 9-11 AM & 1-3 PM, M-Th, 9-11 Fri.  
6 A.M. breakfast for residents

**VOLUNTEERS OF AMERICA 442-3691  
“Aid in Kind” 443-4688**

**WEAVE 24 Hr. Crisis Line 920-2952 / 443-3715 (TDD)**

1900 K St. (Midtown) or 7600 Hospital Dr. Suite 1 (South)  
Free Walk-in Triage Assessment for Abused & Battered Women  
& Children Crisis Counseling, Safe Houses for Women &  
Children, also Children’s Program + Services in Spanish

**WIND YOUTH CENTER 443-8333**

701 Dixicanne Ave., M-F 8:30am – 4:30pm  
Emergency Shelter for Youth, 11-17 yrs old.  
Day Center & Charter School. 11-22 yrs old.  
**24 hr. Youth Crisis Line 628-1492**

**U.S. MISSION OF SACRAMENTO 515-9297**

Transitional housing and work based program for men.

**MENTAL HEALTH SERVICES**

**GUEST HOUSE (El Hogar) 440-1500**

1400 No. A St., Bldg. A  
Homeless Mental Health Clinic  
M-F – Must be there at 8:00 a.m. to get appt.  
Mental Health Evaluation, Medication if needed.  
Housing Referrals, GA referrals, SSI application

**SACRAMENTO COUNTY MENTAL HEALTH 875-1000  
Crisis Line 732-3637**

2150 Stockton Blvd. (at T) 24 hr.  
Will evaluate for voluntary psychiatric care  
In-Patient Care Facility, Drop-in, 24 Hr.

**GIFTED HEALING CENTER 421-1500**

2251 Florin St., Suite 133 Intake 706-2269  
Substance Abuse, Out Patient Treatment and Inpatient for  
men & women. Sliding Scale Payments, Court order clients

**DAY SHELTERS / HOSPITALITY CENTERS**

**COUNSELING CENTERS**

**DOMESTIC VIOLENCE INTERVENTION CENTER**  
6060 Sunrise Vista Dr., Suite 2240 **728-5613**  
**Harmony House Crisis Line** **728-7210**

**THE EFFORT – COUNSELING** (Aquarian) **368-3080**  
8233 N.E. Stockton Blvd. or **679-3925**  
**M-Thurs. 9am-8:30pm / Fri. 9am-5pm**  
Scale Fee A & D Counseling, Group Counseling, HIV test by appt.

**FRANCIS HOUSE** **443-2646**  
1422 C St. (Office open 9am – 3pm)  
**Direct Services: Mon, Tues, Weds & Fri (9am –Noon),**  
**Thurs. (Noon- 3pm)** Resource Counseling, local bus tickets,  
CA ID's & Birth Cert., Career Center, Motel Vouchers  
(call Tues.9am)

**SACRAMENTO SELF-HELP HOUSING** **341-0593**  
Various Locations - Housing Referrals & shared housing

**HOT MEALS**

**GLORY BOUND MINISTRIES** **452-7078**  
4527 Parker Ave. 6PM FRI. – 10AM SUN. - 5PM SUN.

**LOAVES & FISHES** **446-0874**  
1321 No. C (at 12<sup>th</sup>)  
For Meals: Mon-Fri 11:30-1 PM, Sat & Sun 11:00-12:30  
(Tickets 7 a.m.-12:30 pm at Friendship Park)

**ST. IGNATIUS LOYOLA PARISH**  
3235 Arden Way **482-9666 ext.217**  
Meals served 6-7PM on the 4<sup>th</sup> & 5<sup>th</sup> Wed. of month

**ST. PHILOMENES** **481-6757**  
2428 Bell St. (at El Camino) Tue. 6:00-7:00 PM  
Meal is served in School Gym at 2320 El Camino

**ST. LAWRENCE CHURCH** **332-4777**  
4325 Don Julio Blvd., North High. Thurs. 5-6 PM

**WILLIAMS MEMORIAL COGIC** **453-9033**  
4995 ML King Jr. Blvd. Food giveaway every other Fri. 11AM.

**ST. VINCENT DePAUL** **781-3303**  
Roseville Hot Meals Tue.Weds.Th & Sat.12-1:30 / Sun 2:30-4pm  
At 141 Riverside. Clothes vouchers M-F 10-3pm / Food Locker  
Sat.& Sun. 2:30 – 4pm at 503 Giuseppe Court, Suite 8  
For Placer Co Residents T, W, Th, F, & Sat 9:00-11:30

**UNION GOSPEL MISSION** **447-3268**  
400 Bannon St. (North B St. at 12<sup>th</sup>)  
Church Services 7:30 (required), Dinner following  
7 days, Sunday Services 11 a.m., w/lunch following

**FIRST UNITED METHODIST CHURCH** **446-5025**  
2100 J Street  
Community Breakfast last 2 Suns. of month at 8:30am Social Hall

**FRIENDSHIP PARK (L&F)** **443-7378**  
No. C at 12<sup>th</sup> Street  
Men & Women Drop-in 7am to 2:45 pm M-F,  
Coffee & Food 7:8:30 AM, M-F  
Showers M, W, F 7-2PM, Tu & Th 7-10:30 AM  
Laundry Vouchers M-F, 9AM  
Haircut Vouchers M-F Page Guest @443-9499

**MARYHOUSE (L&F) (HOMELESS)** **446-4961**  
1321 No. C St. (at 12<sup>th</sup>) 95811  
Women and Children, 8am - 3pm Mon. – Fri.  
Breakfast 8-9 AM. Showers, mailing address & telephone  
available to members.

**UNION GOSPEL MISSION** **447-3268**  
400 Bannon St, Sac. 95811  
All Services 9-11 & 1-3 M-Th. 9-11 on F & S  
Showers, Shaves. Also provides Mail Address Service.  
9 mo. Drug & Alcohol Program for Men Only

**WELLSPRING WOMEN'S CENTER** **454-9688**  
3414 4<sup>th</sup> Avenue  
M-F, 7:30-11:30AM, Hospitality Center for Mothers  
& Children, Breakfast served. Counseling, case management and  
various group sessions / activities offered.

**UNITED CHRISTIAN CENTER** **372-8980**  
110 6<sup>TH</sup> Street, West Sacramento  
Yolo residents only, M-Th, 8:30am-1:30 pm. Showers & Laundry  
11-1:30. Food Locker–Wed. Some clothing avail. Transitional  
family housing at 110 6<sup>th</sup> St. West Sac. (Ext.114 Sharon Wagoner)

**FREE CLOTHING / FOOD BANKS**

**CENTRAL DOWNTOWN FOOD BASKET** **761-5624**  
1701 L St St. John's Lutheran Church at Goethe Hall  
Groceries & USDA (814 & 816 zip) on Thurs. only,  
available 4x per month, 9am - until food runs out.

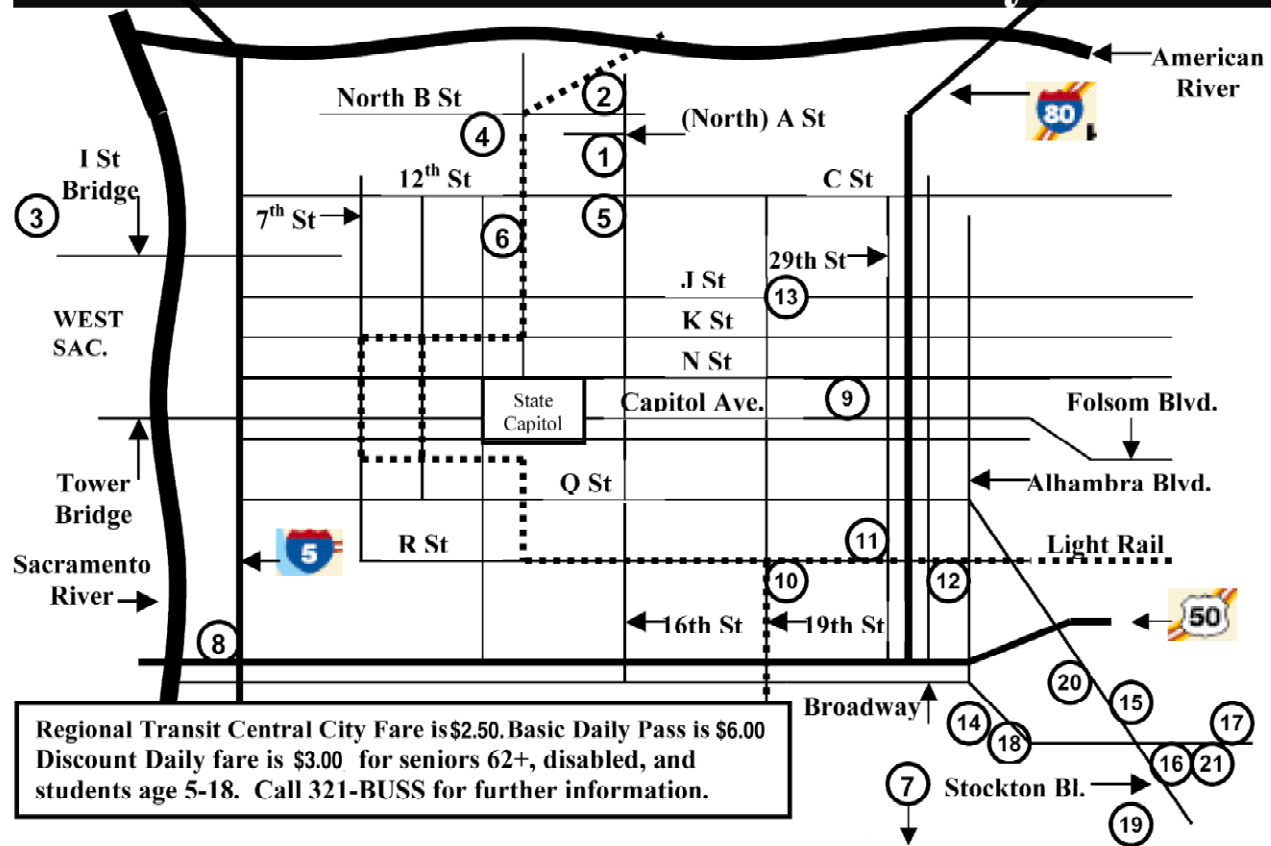
**RIVER CITY COMMUNITY SERVICES** **446-2627**  
1800 – 28<sup>th</sup> St.( at R St.) 95816  
M-F 11:30-3PM Once every 30 days  
ID required for all family members; Medi-Cal cards best.  
Food distribution & CalFresh application assistance

**ST. MATHEWS CHURCH** **927-0115**  
2300 Edison Avenue  
Food, clothing, health, family resources  
Food–Tues & Thurs, 9:30 to 11:30AM  
95815, 95821, 95608, 95660 Zip Codes

**UNION GOSPEL MISSION** **447-3268**  
400 Bannon St. 95811  
Clothing for men- 9-11am & 1-2:45 pm, Mon thru Thurs.  
Clothes Closet (ID required. Men Clothes only- call)  
Women's Clothes Closet Thurs. 9am

**SOUTHPOINTE CHRISTIAN CENTER** **504-3370**  
7520 Stockton Blvd. Mondays 7:30a.m. - 10a.m.  
Serving only certain ZIP codes, call to verify

# Francis House Guide To Community Services



## 1. TLCS Emergency Outreach

1400 North A St.  
Alkali Flat Light Rail & RT Bus 15

## 2. Loaves & Fishes

446-0874; 12<sup>th</sup> & North C St.  
Alkali Flat Light Rail Station, RT bus 15  
Friendship Park (L&F), Maryhouse (L&F)  
Mercy Clinic (L&F), St. John Shelter (L&F)

## 3. West Sac. Resource Center

372-8980; 110 Andrew St. Yolo Bus 40, 41

## 4. The Job Program Salvation Army

442-0303; 12<sup>th</sup> & North B St.  
Alkali flat Light Rail & RT Bus 15

## 5. AIDS Education & Prevention Capitol Health Clinic

440-7720; 1500 C St.  
Alkali Flat Light Rail & RT 34

## 6. Legal Services of Northern CA

444-6760; 515 12<sup>th</sup> St. (at E St.)  
Alkali Flat Light Rail Station & RT Bus 34  
At 12<sup>th</sup> & F St.

## 7. Traveler's Aid

399-9646; 2251 Florin Rd, #130  
RT Bus 63 or 64

## 8. Central Detox Reception Center

448-1236; 2700 Front St. Open 24 hrs  
(near Broadway) RT Bus 38

## 9. St. Luke Episcopal Medical Center (Closed)

## 10. Lutheran Social Services

453-2900, 2980 - 35<sup>th</sup> St.  
M-F 8:30 - 4:30pm RT Buses 51, 68

## 11. Dept. of Human Assistance

CalWORKs/GA/Medi-Cal  
874-2072; 28<sup>th</sup> & R St  
29<sup>th</sup> St. Light Rail Station  
RT Bus 15, 38, 67, 68

## 12. Welfare Rights

736-0616; 1901 Alhambra Blvd  
Light Rail @ 29<sup>th</sup> & R  
RT Buses 15, 38, 67, 68

## 13. The Effort Counseling

325-5556 ; 1820 J St. (need Medi-cal card)  
M-F 8am-9pm  
RT Buses 30, 31, 32, 61, 62

## 14. Wellspring Women's Center

454-9688; 3414 - 4<sup>th</sup> Ave. (at 34<sup>th</sup> St.  
@ Broadway) RT Buses 51, 68, 83

## 15. UCD Medical Center (Closed)

## 16. Primary Care Center

874-9670; 4600 Broadway  
RT Buses 38, 50, 51, 83

## 17. Employment Dev. Dept.

2901 50<sup>th</sup> St @ Broadway  
RT Bus 15, exit @ 53<sup>rd</sup> & Broadway  
RT Bus 83, exit @ Broadway  
RT Bus 38

## 18. Sacramento Food Bank

452-3663; 3333 3<sup>rd</sup> Ave./Broadway  
RT Buses 51, 68, 83

## 19. Sac. Area Emergency Housing

455-2160; 4516 Parker Ave.  
Open 24hrs. RT Bus 68

## 20. Sacramento Mental Health

732-3637; 2150 Stockton Blvd.  
RT Buses 38, 50, 83

## 21. Dept. of Motor Vehicles

657-6555; 4900 Broadway  
RT Buses 38, 50, 51, 83



